

# The Chili Pepper Café

## TON Sells Hospital

Week: March 24, 2025 – March 28, 2025

No substitutions please

*Please place lunch order by 10 am*

**Monday**

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Strawberry Lemonade Cake or Fruit, Drink \$8.00

**LUNCH CHOICE 2:** Tortellini Primavera, Garlic Toast, Toss Salad, Strawberry Lemonade Cake or Fruit, Drink \$8.00

**LUNCH CHOICE 3:** Chicken Apple Salad w/ mixed greens, chicken, granny smith & gala apples, celery, pecans, provolone cheese, Crackers or Dinner Roll, Strawberry Lemonade Cake or Fruit, Drink.....\$8.00 *a chicken sub product is available*

**Soup:** Cream of Potato (vegetarian) ...\$2.00

**ALA CARTE:** Ham & Swiss Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Beverage...\$8.00

**Tuesday**

*Please place dinner order by 3 pm*

**BREAKFAST:** Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Mushroom, Black Bean & Chili Melt on a sub roll, Toss Salad, Bag of chips, Cookies or Fruit, Drink \$8.00

**LUNCH CHOICE 3:** Chicken Pear Salad w/ mixed greens, chicken, green & yellow peppers, pears, cranberries, red onion, walnuts, Bleu cheese, Wheat Roll or Crackers, Cookies or Fruit, Drink.... \$8.00 *a chicken sub product is available*

**SOUP:** Lemon Chicken Soup (chicken) .... \$2.00

**ALA CARTE:** Turkey & Cheddar Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

*Please place lunch order by 10 am*

**Wednesday**

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Banana Cream Pie or Fruit, Drink ...\$8.00

**LUNCH CHOICE 2:** Pizza, (veggie, cheese, pepperoni, & supreme) Carrot Raisin Salad, Banana Cream Pie or Fruit, Drink \$8.00

**LUNCH CHOICE 3:** Caribbean Chicken Salad w/ mixed greens, chicken, black beans, pineapples, tomatoes, Banana Cream Pie or Fruit Drink...\$8.00. *A chicken sub product is available*

**SOUP:** Garden Chili (vegetarian) \$2.00

**ALA CARTE:** Roast Beef and Hot Pepper Jack Cheese Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Turkey w/ gravy, Stuffing, Spinach & Onion, Tossed Salad, Wheat Roll, Dessert or Fruit Beverage....\$8.00

**Thursday**

*Please place dinner order by 3 pm*

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Lemon Buttermilk Cake or Fruit, Drink....8.00

**LUNCH CHOICE 2:** Roast Chicken & Sweet Potatoes, Steamed Broccoli, Tomato & Cucumber Salad, Wheat Roll, Lemon Buttermilk Cake or Fruit Drink \$8.00

**LUNCH CHOICE 3:** Avocado Shrimp Salad w/ mixed greens, shrimp, avocados, tomatoes, red onions, almonds, feta cheese, Lemon Buttermilk Cake or Fruit, Drink \$8.00

**Soup:** Smoky Pasta & Bean Soup (turkey bacon) \$2.00

**ALA CARTE:** Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Roast Pork, Baked Yams, Green Beans, Tossed salad, Wheat rolls, Brownie or Fruit, Drink...\$8.00

*Please place lunch order by 10 am*

**Friday**

**BREAKFAST:** Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Reuben Sandwich (corned beef, Thousand Island dressing, sauerkraut, Swiss cheese, grilled on Rye bread, French Fries, Dessert or Fruit, Drink \$8.00

**LUNCH CHOICE 3:** Spinach & Chicken Salad w/ spinach, chicken, cranberries, apricots, mandarin oranges, pineapple tidbits, pecans, Wheat Roll or Crackers, Dessert or Fruit, Drink ...\$8.00

**Soup:** Italian Tortellini Soup (sausage) \$2.00

**ALA CARTE:** Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm**

**To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen**