

# The Chili Pepper Café

## TON Sells Hospital

Week: March 17, to March 21, 2025

No substitutions please

*Please place lunch order by 10 am*

**Monday**

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Buttermilk Pie or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Black Bean & Vegetable Quesadilla, Toss Salad, Sour cream & Salsa, Buttermilk Pie or Fruit, Drink...\$8.00

**LUNCH CHOICE 3:** Chicken Caesar Salad w/mixed greens, chicken, black olives, red or yellow peppers, parmesan cheese, lemon, Croutons, Buttermilk Pie or Fruit Drink ...\$8.00

**Soup:** Broccoli-Cheese Chowder (vegetarian) ...\$2.00

**ALA CARTE:** Ham & Cheddar Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

**Tuesday**

*Please place dinner order by 3 pm*

**BREAKFAST:** Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Jalapeno Quiche, Capri Vegetables, Toss Salad, Cookies or Fruit, Drink.... \$8.00

**LUNCH CHOICE 3:** Antipasto Salad w/ mixed greens, chicken, salami, mozzarella, cucumbers, red or green peppers, broccoli, tomatoes, artichoke heart, red onion, pepperoncini, Wheat Roll or Crackers, Cookies or Fruit, Drink....\$8.00 a chicken sub product is available

**SOUP:** Ranchero Soup (chicken).... \$2.00

**ALA CARTE:** Turkey & Swiss Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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**Wednesday**

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Strawberry Shortcake or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Spaghetti w/ beef or veggie crumble, Garlic Toast, Toss Salad, Strawberry Shortcake or Fruit, Drink...\$8.00

**LUNCH CHOICE 3:** Chicken Greek Salad w/mixed greens, chicken, cucumbers, feta cheese, green onions, kalamata olives, Wheat Roll or Crackers, Strawberry Shortcake or Fruit, Drink.....\$8.00

**SOUP:** Piquant Vegetable Soup w/ chickpeas (vegetarian) \$2.00

**ALA CARTE:** Sub Sandwich...\$4.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

**Thursday**

*Please place dinner order by 3 pm*

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Tres Leches Cake or Fruit, Drink....\$8.00

**LUNCH CHOICE 2:** Pork & Peanut Stir-Fry, Brown Rice, Tomato & Cucumber Salad, Tres Leches Cake or Fruit, Drink...\$8.00

**LUNCH CHOICE 3:** Chicken & Black Bean Salad w/mixed greens, chicken, black beans, tomatoes, carrots, green onion, cheddar & pepper jack cheese, Wheat Roll or Crackers, Tres Leches Cake or Fruit, Drink...\$8.00

**Soup:** Golden Corn Chowder w/ roasted chilies (vegetarian) \$2.00

**ALA CARTE:** Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Roast Pork, Baked Yams, Green Beans, Toss salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

*Please place lunch order by 10 am*

**Friday**

**BREAKFAST:** Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Tuna Noodle Casserole, Spinach & Onion, Toss Salad, Dessert or Fruit, Drink...\$8.00

**LUNCH CHOICE 3:** Mediterranean Bean Salad w/ mixed greens, black & garbanzo beans, green onions, tomatoes, cucumbers, feta cheese, parsley, mint, Wheat Roll or Cracker, Dessert or Fruit, Drink.....\$8.00

**Soup:** Italian Sausage Soup (sausage)...\$2.00

**ALA CARTE:** Roast Beef & Pepper Jack Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm**

**To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen**