

# The Chili Pepper Café

## TON Sells Hospital

Week: March 3, 2025 to March 7, 2025

No substitutions please

*Please place lunch order by 10 am*

**Monday**

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Cream Puffs or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Turkey & Avocado Club Wrap w/ deli turkey, turkey bacon, red onion, avocado spread, lettuce and tomato, cup of soup, bag of chips, Cream Puffs or Fruit, Drink...\$8.00

**SOUP:** Broccoli Soup (vegetarian).... \$2.00

**ALA CARTE:** Turkey & Cheddar Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

**Tuesday**

*Please place dinner order by 3 pm*

**BREAKFAST:** Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Grilled Corn, Black Bean, & Roasted Pepper Quesadilla w/ sour cream and salsa, Jalapeno Rice, Cookies or Fruit, Drink ...\$8.00

**LUNCH CHOICE 3:** Chicken Beet Salad w mixed greens, chicken, beets, grapes, avocado, feta cheese, Wheat Roll or Crackers, Cookies or Fruit, Drink...\$8.00 a chicken sub product is available

**SOUP:** Minestrone Soup (vegetarian) .... \$2.00

**ALA CARTE:** Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

*Please place lunch order by 10 am*

**Wednesday**

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Banana Cake or Fruit, Drink ...\$8.00

**LUNCH CHOICE 2:** Tofu Sweet & Spicy Stir Fry, Brown Rice, Carrot Raisin Salad, Banana Cake or Fruit, Drink .... \$8.00

**LUNCH CHOICE 3:** Black Bean & Pepper Tuna Salad w/mixed greens, tuna, red & yellow peppers, red & green onions, cucumber, carrot, black beans, cilantro, Wheat Roll or Crackers, Banana Cake or Fruit, Drink....\$8.00

**SOUP:** Hot and Sour Soup (vegetarian)... \$2.00

**ALA CARTE:** Roast Beef & Hot Pepper Jack Cheese Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Turkey w/ gravy, Stuffing, Spinach & Onion, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

**Thursday**

*Please place dinner order by 3 pm*

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Bread Pudding or Fruit, Drink....\$8.00

**Lunch Choice 2:** Spinach Tortellini w/ walnut sauce, Garlic Toast, Tomato & Cucumber Salad, Bread Pudding or Fruit, Drink...\$8.00

**LUNCH CHOICE 3:** Chicken Berry Salad w/ mixed greens, chicken, red onion, celery, Swiss cheese, almonds, strawberries, and blueberries, Wheat Roll or Crackers, Bread Pudding or Fruit...\$8.00 a chicken sub product is available

**Soup:** Chicken Noodle soup (chicken)...\$2.00

**ALA CARTE:** Ham & Cheddar Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Roast Pork, Baked Yams, Green Beans, Tossed salad, Wheat roll, Dessert or Fruit, Drink...\$8.00

*Please place lunch order by 10 am*

**Friday**

**BREAKFAST:** Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

**Lunch choice 2:** Spinach Caprese Salad w/spinach, chicken, tomatoes, cucumbers, mozzarella cheese, basil, Dessert or Fruit, Drink ...\$8.00

**Soup:** Cream of Vegetable (vegetarian)...\$2.00

**ALA CARTE:** Sub Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm**

**To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen**