

The Chili Pepper Café

TON Sells Hospital

Week: Feb. 10– Feb 14, 2025

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Custard Pie or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Butternut Squash Chile with Quinoa, Tossed Salad, Corn Bread, Custard Pie or Fruit, Drink.....\$8.00

Lunch Choice 3: Steak Salad w/ mixed greens, beef steak, mushrooms, red onions, walnuts, tomato, feta cheese, Wheat roll or Crackers, Custard Pie or Fruit, Drink \$8:00

Soup: Cream of Broccoli (vegetarian) ...\$2.00

ALA CARTE: Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Meatloaf, Mashed Potato w/ Gravy, Carrots, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Tofu Vegetable and Curry Stir Fry, Brown Rice, Broccoli Salad, Cookies or Fruit, Drink.... \$8.00

LUNCH CHOICE 3: Chicken Clubhouse Salad w/ mixed greens, chicken, bacon, tomatoes, carrots, green onions, cucumber, cheddar cheese, Wheat roll or Crackers, Cookies or Fruit, Drink...\$8.00 *a chicken sub product is available.*

SOUP: Split Pea and Ham (ham) \$2.00

ALA CARTE: Ham and Provolone Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Red Velvet Cake or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Spinach Lasagna, Garlic Toast, Toss Salad, Red Velvet Cake or Fruit, Drink \$8.00

LUNCH CHOICE 3: Chicken and Black Bean Salad w/ mixed greens, chicken, black beans, tomato, carrots, green onions, cheddar & pepper jack cheese, Wheat Rolls or Crackers, Red Velvet Cake or Fruit, Drink...\$8.00

SOUP: White Chili Soup (chicken). \$2.00

ALA CARTE: Turkey & Swiss Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Turkey w/ gravy, Stuffing, Spinach & Onion, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Roast Pork, Baked Yams, Green Beans, Toss salad, Wheat rolls, Fruit crisp or Fruit, Drink...\$8.00

Lunch Choice 2: Patty Melt Sandwich, hamburger patty, grilled onion, Swiss cheese, 1000 dressing grilled on rye bread) French fries, Fruit crisp or Fruit, Drink...\$8:00

Lunch Choice 3: Summer Salad w/ mixed greens, chicken, black olives, walnuts, cranberries, mandarin oranges, Chow Mein Noodles, Fruit Crisp or Fruit, Drink...\$8.00

Soup: Vegetable (vegetarian) \$2.00

ALA CARTE: Tuna fish Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....8.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Lunch choice 2: Mediterranean Bean Salad w/ mixed greens, black & garbanzo beans, green onions, tomatoes, cucumber, feta cheese, parsley, mint, Pita Chips, Dessert or Fruit, Drink \$8.00

Soup: Cheddar Potato Soup (Ham) \$2.00

ALA CARTE: Roast beef and Cheddar Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen