The Chili Pepper Café TON Sells Hospital

Week: January 27 – January 31, 2025 No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Banana Bar or Fruit, Drink...\$8.00

Lunch Choice 2: Rueben Sandwich (corned beef, Swiss cheese, sauerkraut, Thousand Island dressing, grilled on rye bread)

French Fries, Banana Bar or Fruit, Drink ...\$8.00

Soup: Broccoli-Cheese Chowder (vegetarian)...\$2.00

ALA CARTE: Turkey & Provolone Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00 **DINNER:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Tuesdau

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Chicken Cobb Salad w/ mixed greens, chicken, bacon, avocado, green onions, boiled egg, Bleu cheese,

Wheat roll or Crackers, Cookies or Fruit, Drink....\$8:00 a chicken sub is available

SOUP: Smoky Pasta & Bean Soup (turkey bacon).... \$2.00 **ALA CARTE:** Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Baked Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Please place lunch order by 10 am Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Chocolate Cake or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Summer Salad w/ mixed greens, chicken, walnuts, black olives, mandarin oranges, cranberries, chow Mein noodles, Chocolate Cake or Fruit, Drink...\$8.00 a chicken sub product is available

Soup: Ranchera Soup (chicken) ...\$2.00

ALA CARTE: Ham and American Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Turkey w/ gravy, Stuffing, TO Spinach, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Thursday Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Bread Pudding or Fruit. Drink....8.00

Lunch Choice 2: Chicken Club Wrap, cup of soup, bag of chips, Bread Pudding or Fruit, Drink...\$8.00

Lunch Choice 3: Antipasto Salad w/ mixed greens, chicken, salami, mozzarella cheese, cucumber, green or red peppers, broccoli, tomatoes, artichoke heart, red onion, pepperoncini, Wheat Rolls or Crackers, Bread Pudding or Fruit, Drink...\$8.00 **Soup:** Cream of Potato (vegetarian)... \$2.00

ALA CARTE: Roast beef & Cheddar Sandwich \$3.00 Side salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Baked Yam, Green Beans, Toss Salad, Wheat Roll, Dessert or Fruit Drink....\$8.00

Please place lunch order by 10 am <u>Friday</u>

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00 LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Lunch Choice 2: Spinach Salad w/spinach, bacon, boiled egg, red onion, walnuts, mushrooms, tomatoes, Wheat roll or

Crackers, Dessert or Fruit, Drink.....\$8.00

Soup: Cream of Mushroom (vegetarian)...\$2.00

ALA CARTE: Egg Salad Sandwich \$3.00 Side salad \$2.00 Smoothie \$4.00

DINNER: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm

To place an order, call 383-7200 ext. 5190 to be connected to the kitchen