

The Chili Pepper Café

TON Sells Hospital

Week: January 20 to January 24, 2025

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

ALA CARTE: Sandwich \$3.00 Summer Salad \$6.00 Smoothie \$4.00 Pizza \$5.00

DINNER: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Chocolate Peanut Butter Pie or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Chicken Pear Salad w/ mixed greens, chicken, bell peppers, pears, bleu cheese, cranberries, red onions, walnuts, Wheat Roll or Crackers, Chocolate Peanut Butter Pie or Fruit, Drink...\$8.00

SOUP: Hot And Sour Soup (vegetarian).... \$2.00

ALA CARTE: Turkey & Swiss Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Baked Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot & Raisin Salad, Wheat Tortilla, Brownie or Fruit, Drink...\$8.00

Lunch Choice 2: Sweet & Spicy Veggie Stir Fry, Steamed White Rice, Carrot & Raisin Salad, Brownie or Fruit, Drink..\$8.00

Lunch Choice 3: Chicken Apple Salad w/ mixed greens, chicken, gala & granny smith apples, celery, Swiss cheese, toasted pecans, Wheat Roll or Crackers, Brownie or Fruit, Drink ...\$8.00

Soup: Lemon Chicken & Rice Soup (chicken)...\$2.00

ALA CARTE: Egg Salad Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Turkey w/ gravy, Stuffing, TO Spinach, Toss Salad, Wheat Roll, Dessert or Fruit, Drink.....\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Roast Pork w/ Gravy, Baked Yam, Green Beans, Tossed Salad, Wheat Roll, Chocolate Chevron Cake or Fruit, Drink....\$8.00

Lunch Choice 2: Hamburgers or Black Bean Burgers, w lettuce, tomatoes, onions, pickles, cheese, French Fries, Chocolate Chevron Cake or Fruit, Drink...\$8.00

Lunch Choice 3: Chicken & Berry Salad w/ mixed greens, chicken, strawberries, blueberries, Swiss cheese, celery, red onions, almonds, Wheat Roll or Crackers, Chocolate Chevron Cake or Fruit, Drink....\$8.00 a chicken sub product is available

Soup: Asian Tofu Noodle Soup (vegetarian)...\$2.00

ALA CARTE: Sub Sandwich \$4.00 Side salad \$2.00 Smoothie \$4.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Please place lunch order by 10 am

Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Lunch Choice 2: Spinach & Chicken Salad w/ spinach, chicken, cranberries, apricots, mandarin oranges, pineapples, toasted pecans, Wheat roll or Crackers, Dessert or Fruit, drink.... \$8.00 a chicken sub product is available

Soup: Italian Tortellini Soup (sausage).... \$2.00

ALA CARTE: Ham & Pepper Jack Cheese Sandwich \$3.00 Side salad \$2.00 Smoothie \$4.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm

To place an order, call 383-7200 ext. 5190 to be connected to the kitchen