

The Chili Pepper Café

TON Sells Hospital

Week: Jan. 6 –Jan. 10, 2025

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Banana Bar or Fruit, Drink \$8.00

LUNCH CHOICE 2: Pizza (supreme, veggie or pepperoni) Toss salad, Banana Bar or Fruit, Drink.....\$8.00

LUNCH CHOICE 3: Chicken Beet Salad w/ mixed greens, chicken, beets, grapes, avocado, feta cheese, Wheat rolls or Crackers, Banana Bar or Fruit, Drink ...\$8.00 a chicken sub product is available

Soup: Vegetable Barley Soup (vegetarian) ...\$2.00

ALA CARTE: Egg salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Tortellini Primavera, Garlic Toast, Toss Salad, Cookies or Fruit, Drink.... \$8.00

LUNCH CHOICE 3: Chef Salad w/mixed greens, turkey, ham, salami, boiled egg, cheddar & provolone cheese, tomatoes, carrots, cucumber, Cookies or Fruit, Beverage...\$8.00 *A chicken sub product is available.*

SOUP: Spicy African Peanut Soup (vegetarian).... \$2.00

ALA CARTE: Turkey & Provolone Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Baked Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Cookies or Fruit, Drink...\$8.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Turkey w/ gravy, Stuffing, TO Spinach, Toss Salad, Wheat Roll, Mixed Berry Pie or Fruit, Drink.....8.00

LUNCH CHOICE 2: Green Chili Stew w beef or veggie crumble, Popover, Toss Salad, Mixed Berry Pie or Fruit, Drink.... \$8.00

SOUP: Chicken & Corn Chowder with Sweet Potatoes Soup (Chicken).... \$2.00

ALA CARTE: Tuna Salad Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot & Raisin Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Roast Pork w/ Gravy, Baked Yam, Green Beans, Tossed Salad, Wheat Roll, Pineapple Upside Down Cake or Fruit, Drink....\$8.00

Choice 2: Summer Salad w/ mixed greens, chicken, cranberries, mandarin oranges, walnuts, black olives, Chow Mein Noodles, Pineapple upside Down Cake or Fruit, Drink...\$8.00 a chicken sub product is available

Soup: Chipotle Corn Chowder Soup (vegetarian)...\$2.00

ALA CARTE: Roast Beef & Swiss Sandwich \$3.00 Side salad \$2.00 Smoothie \$4.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....8.00

Please place lunch order by 10 am

Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Choice 2: Avocado Shrimp Salad w/ mixed greens, shrimp, avocado, red onions, almonds, feta cheese, Wheat Roll or Crackers, Dessert or Fruit, Drink **\$9.00**

Soup: Potato & Roasted Red Pepper Soup (vegetarian).... \$2.00

ALA CARTE: Ham & Hot Pepper Jack Sandwich \$3.00 Side salad \$2.00 Smoothie \$4.00

DINNER: Baked Chicken w/gravy, Quinoa w/ corn, Spinach & Onion, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm

To place an order, call 383-7200 ext. 5190 to be connected to the kitchen