

The Chili Pepper Café

TON Sells Hospital

Week: February 3 – February 7, 2025

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Mixed Green Salad, Wheat Roll, Lemon Buttermilk Cake or Fruit, Drink \$8.00

Lunch Choice 2: Chicken Caesar Salad w/ mixed greens, chicken, black olives, red peppers, parmesan cheese, lemon, Wheat Roll or Crackers, Lemon Buttermilk Cake or Fruit, Drink \$8.00 a chicken sub product is available

SOUP: Cauliflower Soup (vegetarian).... \$2.00

ALA CARTE: Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Cookies or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Chef Salad w/ mixed greens, ham, turkey, salami, tomato, cucumber, carrots cheddar & provolone cheese, boiled egg, Wheat Roll or Crackers, Cookies or Fruit, Drink.....\$8.00

SOUP: Spicy African Peanut Soup (vegetarian) \$2.00

ALA CARTE: Tuna Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Dessert or Fruit ...\$8.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Pecan Bar or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Southwest Steak, Corn & Black Bean Wrap, Broccoli Raisin Salad, Bag of Chips, Pecan Bar or Fruit, Drink \$8.00

Lunch Choice 3: Chinese Chicken Salad w/mixed greens, chicken, celery, carrots, walnuts, green onion, sesame seeds, Chow Mein noodles, Pecan Bar or Fruit, Drink...\$8.00 a chicken sub product is available

SOUP: Garden Chili Soup (vegetarian). \$2.00

ALA CARTE: Turkey & Swiss Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Dessert or Fruit, Drink ...\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Sweet Potato Pie or Fruit, Drink...\$8.00

Lunch Choice 2: Crispy Tofu w/ Black Pepper Sauce, Steamed Rice, Tomato & Cucumber Salad, Sweet Potato Pie or Fruit, Drink\$8.00

Lunch Choice 3: Chicken Beet Salad w mixed greens, chicken, beets, grapes, avocado, feta cheese, Wheat Roll or Crackers, Sweet Potato Pie or Fruit, Drink...\$8.00 a chicken sub product is available

Soup: Mexican Corn Soup (chicken)...\$2.00

ALA CARTE: Ham & Cheddar Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork, Baked Yams, Green Beans, Tossed salad, Wheat roll, Dessert or Fruit, Drink...\$8.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Beverage....\$8.00

Lunch choice 2: Black Bean & Pepper Tuna Salad, w. mixed greens, tuna, red & yellow peppers, red & green onions, cucumbers, carrots, black beans cilantro, Wheat Roll or Crackers, Drink..\$8.00

Soup: Chicken Tortilla Soup (chicken)...2.00

ALA CARTE: Roast Beef and Muenster Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen