

The Chili Pepper Café

TON Sells Hospital

Week: Dec. 9 to Dec. 13, 2024

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Strawberry Jell-O Cake or Fruit, Drink \$8.00

Lunch Choice 2: Chicken Cobb Salad w/ mixed greens, chicken, bacon, tomatoes, avocados, green onions, boiled eggs, Bleu cheese, Wheat Roll or Crackers, Strawberry Jell-O Cake or Fruit, Drink \$8.00

Soup: Asian Tofu Noodle Soup (vegetarian)...\$2.00

ALA CARTE: Roast Beef & Cheddar Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

Dinner: Tepary Bean Stew w/beef, Tossed Salad, Wheat Tortilla, Dessert or Fruit, Drink \$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Chicken Pear Salad w/mixed greens, chicken, red peppers, pears, Bleu cheese, cranberries, red onion, walnuts, Wheat roll or Crackers, Cookies or Fruit, Drink.....\$8.00

SOUP: Albondigas Soup (ground beef meatballs).... \$2.00

ALA CARTE: Ham & Provolone Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Baked Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Turkey w/ gravy, Stuffing, TO Spinach, Toss Salad, Wheat Roll, Strawberry Short Cake or Fruit, Drink.....\$8.00

LUNCH CHOICE 2: Patty Melt (hamburger or veggie burger) on marbled rye bread, grilled onions, Thousand Island dressing, Swiss cheese, French Fries, Strawberry Short Cake or Fruit, Drink.....\$8.00

Soup: Smoky Pasta & Bean Soup (turkey bacon) ...\$2.00

ALA CARTE: Tuna Salad Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Roast Pork w/ Gravy, Baked Yam, Green Beans, Toss Salad, Wheat Roll, Pecan Bar or Fruit Drink....\$8.00

Lunch Choice 2: Chicken & Apple Salad w/ mixed greens, gala & granny smith apples, celery, Swiss cheese, pecans, Wheat Roll or Crackers, Pecan Bar or Fruit, Drink...\$8.00

Soup: Garden Chili Soup (vegetarian)...\$2.00

ALA CARTE: Turkey & Hot Pepper Cheese Sandwich \$3.00 Side salad \$2.00 Smoothie \$4.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....8.00

Please place lunch order by 10 am

Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Lunch Choice 2: Fish Taco (2) w/ coleslaw, Jalapeno Rice, Toss Salad, Dessert or Fruit, Drink \$8.00

Soup: Split Pea & Black Bean Soup (vegetarian)... \$2.00

ALA CARTE: Egg Sandwich \$3.00 Side salad \$2.00 Smoothie \$4.00

DINNER: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm

To place an order, call 383-7200 ext. 5190 to be connected to the kitchen

