

The Chili Pepper Café

TON Sells Hospital

Week: Nov. 18 to Nov. 22 2024

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Zucchini Cake or Fruit, Drink \$8.00

LUNCH CHOICE 2: Chicken Clubhouse Salad w/ mixed greens, chicken, bacon, green onions, cheddar cheese, tomato wedges, carrots, cucumbers, Wheat Roll or Crackers, Zucchini Cake or Fruit, Drink ...\$8.00

Soup: Piquant Vegetable Soup w/ chickpeas (vegetarian) ...\$2.00

ALA CARTE: Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Fish Sandwich w/ breaded fish, green leaf, American cheese & tartar sauce, French Fries, Coleslaw, Cookies or Fruit, Beverage.... \$8.00

LUNCH CHOICE 3: Caribbean Chicken Salad w/mixed greens, chicken, black beans, tomatoes, pineapple, Wheat Roll or Crackers, Cookies or Fruit, Drink \$8.00

SOUP: Barley & Vegetable Soup (vegetarian).... \$2.00

ALA CARTE: Roast Beef & Muenster Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Baked Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Please place lunch order by 10 am

Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot & Raisin Salad, Wheat Tortilla, Brownie or Fruit, Drink...\$8.

LUNCH CHOICE 2: Pineapple & Black Bean Enchilada, Spanish rice, Toss salad, Brownie or Fruit, Drink.... \$8.

LUNCH CHOICE 3: Chinese Chicken Salad w/mixed greens, chicken, carrot, celery, walnuts, green onions, sesame seeds, Wheat Roll or Crackers, Brownie or Fruit, Drink....\$8.00 a chicken sub product is available

SOUP: Albondigas Soup (ground beef).... \$2.00

ALA CARTE: Egg Salad Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Turkey w/ gravy, Stuffing, TO Spinach, Toss Salad, Wheat Roll, Dessert or Fruit, Drink.....\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea....\$8.00

LUNCH CHOICE 1: Roast Pork w/ Gravy, Baked Yam, Green Beans, Tossed Salad, Wheat Roll, Cream Puffs or Fruit, Drink...\$8.00

Lunch Choice 3: Chicken & Berry Salad w/ mixed greens, chicken, strawberries, blueberries, Swiss cheese, celery, red onions, almonds, Wheat Roll or Crackers, Cream Puffs or Fruit, Drink....\$8.00 a chicken sub product is available

Soup: Chicken and Corn Chowder Soup with Sweet Potatoes (chicken)...\$2.00

ALA CARTE: Ham & Swiss Sandwich \$3.00 Side salad \$2.00 Smoothie \$4.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Please place lunch order by 10 am

Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

Lunch Choice 2: Spinach Caprese Salad w/ spinach, chicken, tomato, cucumber, mozzarella cheese, basil, Wheat roll or Crackers, Dessert or Fruit, drink.... \$8.00 a chicken sub product is available

Soup: Mexican Corn soup (Chicken).... \$2.00

ALA CARTE: Tuna Sandwich \$3.00 Side salad \$2.00 Smoothie \$4.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm

To place an order, call 383-7200 ext. 5190 to be connected to the kitchen

