

The Chili Pepper Café

TON Sells Hospital

Week: November 11 – November 15, 2024

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

ALA CARTE: Sandwich \$3.00 Summer Salad \$6.00

Pizza \$5.00 Smoothie \$4.00

DINNER: Meatloaf, Mashed Potato w/ Gravy, Carrots, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Chocolate Peanut Butter Pie or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Chicken & Black Bean Salad w/ mixed greens, chicken, black beans, carrots, green onions, tomatoes, cheddar & pepper jack cheese, Wheat roll or Crackers, Chocolate Peanut Butter Pie or Fruit, Drink.... \$8.00 *a chicken sub product is available*

SOUP: Minestrone Soup (vegetarian) \$2.00

ALA CARTE: Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

Please place lunch order by 10 am

Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Steak Salad w/ mixed greens, beef steak, tomatoes, red onions, mushrooms, walnuts, feta cheese, Cookies or Fruit, Drink \$8.00 A chicken sub product is available

SOUP: Cream of Mushroom (vegetarian). \$2.00

ALA CARTE: Ham and Swiss cheese Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Turkey w/ gravy, Stuffing, Spinach & Onion, Tossed Salad, Wheat Roll, Dessert or Fruit Beverage....\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Bread Pudding or Fruit, Drink....8.00

LUNCH CHOICE 2: Chicken Caesar Salad w/ mixed greens, chicken, parmesan cheese, black olives, lemon wedge, red or yellow peppers, Croutons, Bread Pudding or Fruit, Drink.....\$8.00 A chicken sub product is available

Soup: Cauliflower Soup (vegetarian) \$2.00

ALA CARTE: Egg salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork, Baked Yams, Green Beans, Tossed salad, Wheat roll, Dessert or Fruit, Drink...\$8.00

Please place lunch order by 10 am

Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

LUNCH CHOICE 2: Black Bean Chili w/ Cilantro Pesto, Vegan Cornbread, Toss salad, Dessert or Fruit, Drink...\$8.00

LUNCH CHOICE 3: Spinach Salad w/spinach, bacon, boiled egg, red onion, walnuts, mushroom, tomato, Wheat Roll or Crackers, Dessert or Fruit, Drink...\$8.00 A chicken sub product is available

Soup: Hot and Sour Soup (vegetarian) \$2.00

ALA CARTE: Turkey and Provolone Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen

