

The Chili Pepper Café

TON Sells Hospital

Week: Oct 21, 2024 – Oct. 25, 2024

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Banana Cake or Fruit, Drink...\$8.00

Lunch Choice 2: Rubeen Sandwich (corned beef, Swiss cheese, sauerkraut, Thousand Island dressing, grilled on rye bread)
French Fries, Banana Cake or Fruit, Drink ...\$8.00

Soup: Broccoli-Cheese Chowder (vegetarian)...\$2.00

ALA CARTE: Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Cookies or Fruit,
Drink...\$8.00

LUNCH CHOICE 2: Jalapeno Quiche, Capri Vegetables, Broccoli Salad with grapes, Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 3: Antipasto Salad w/ mixed greens, chicken, salami, mozzarella, cucumbers, green & red peppers, broccoli,
artichoke heart, red onions, pepperoncini, Wheat roll or Crackers, Cookies or Fruit, Drink....\$8.00

SOUP: Asian Tofu Noodle Soup (vegetarian).... \$2.00

ALA CARTE: Roast Beef & Hot Pepper Jack Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Baked Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Apple Pie or Fruit,
Drink...\$8.00

LUNCH CHOICE 2: Grilled cheese, cup of soup, bag of chips, Apple Pie or Fruit, Drink.....\$8.00

LUNCH CHOICE 3: Summer Salad w/ mixed greens, chicken, walnuts, black olives, mandarin oranges, cranberries, chow Mein
noodles, Apple pie or Fruit, Drink...\$8.00 a chicken sub product is available

Soup: Tomato Rice Soup (vegetarian) ...\$2.00

ALA CARTE: Tuna Salad Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Turkey w/ gravy, Stuffing, TO Spinach, Toss Salad, Wheat Roll, Apple Pie or Fruit, Drink.....\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Roast Pork w/ Gravy, Baked Yam, Green Beans, Toss Salad, Wheat Roll, Brownie or Fruit Drink....\$8.00

Lunch Choice 2: Black Bean & Vegetable Quesadilla, Salsa, Sour cream, Toss salad, Brownie or Fruit, Drink...\$8.00

Soup: Chipotle Corn Chowder (vegetarian)...\$2.00

ALA CARTE: Turkey & Swiss Sandwich \$3.00 Side salad \$2.00 Smoothie \$4.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit,
Drink....8.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit,
Drink...\$8.00

Lunch Choice 2: Chicken Pear Salad w/mixed greens, chicken, green or yellow peppers, pears, Bleu cheese, cranberries, red
onion, walnuts, Wheat roll or Crackers, Dessert or Fruit, Drink.....\$8.00

Soup: Italian Tortellini (sausage)... \$2.00

ALA CARTE: Ham and Cheddar Sandwich \$3.00 Side salad \$2.00 Smoothie \$4.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm

To place an order, call 383-7200 ext. 5190 to be connected to the kitchen

