

The Chili Pepper Café

TON Sells Hospital

Week: Oct. 7–Oct. 11, 2024

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Chocolate Cake or Fruit, Drink...\$7.00

LUNCH CHOICE 2: Chicken & Strawberry Salad w/mixed greens, chicken, Swiss cheese, red onions, celery, pecans, strawberries, Wheat rolls or Crackers, Chocolate Cake or Fruit, Drink.....\$7.00

Soup: Cauliflower Soup (vegetarian)...\$1.75

ALA CARTE: Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Meatloaf, Mashed Potato w/ Gravy, Carrots, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$7.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans Cookies or Fruit, Drink...\$7.00

LUNCH CHOICE 2: Chicken & Black Bean Salad w/ greens, chicken, black beans, tomatoes, carrots, green onions, cheddar & pepper jack cheese, Wheat Roll or Crackers Cookies or Fruit, Beverage...\$7.00 *A chicken sub product is available.*

SOUP: Lemon Chicken & Rice Soup (chicken).... \$1.75

ALA CARTE: Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Roast Pork w/ Gravy, Baked Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Cookies or Fruit, Drink....\$7.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot & Raisin Salad, Wheat Tortilla, Chocolate Cream Pie or Fruit, Drink...\$7.00

LUNCH CHOICE 2: Red Beef Chili or Vegan Chili, Popover, Carrot & Raisin Salad, Chocolate Cream Pie or Fruit, Drink.... \$

SOUP: Cheddar Potato Chowder Soup (ham).... \$1.75

ALA CARTE: Tuna Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Turkey w/ gravy, Stuffing, TO Spinach, Toss Salad, Wheat Roll or Fruit, Drink.....\$7.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Roast Pork w/ Gravy, Baked Yam, Green Beans, Tossed Salad, Wheat Roll, Fruit Crisp or Fruit, Drink....\$7.00

Choice #2: Pizza (supreme, pepperoni, cheese or vegetable) Tossed Salad, Fruit Crisp or Fruit,

Soup: Broccoli Cheese Chowder Soup (vegetarian)...\$1.75

ALA CARTE: Roast Beef & Swiss Sandwich \$3.00 Side salad \$2.00 Smoothie \$3.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....\$7.00

Please place lunch order by 10 am

Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$7.00

Choice 2: Almond Crusted Fish, Rice pilaf, Toss Salad, Dessert or Fruit, Drink.... \$7.00

Soup: Hot and Sour Soup (vegetarian).... \$1.75

ALA CARTE: Ham & Hot Pepper Jack Sandwich \$4.00 Side salad \$2.00 Smoothie \$3.00

DINNER: Baked Chicken w/gravy, Quinoa w/ corn, Spinach & Onion, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$7.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm

To place an order, call 383-7200 ext. 5190 to be connected to the kitchen

To Chili Pepper Café Patrons:

Due to the increase of food and gas prices and inventory has cost us more from our vendors. We will be increasing our prices from some items and full meals. We are over our last year's budget. We are spending more than we are bringing in. You will see the price increase in the menu on Oct.21, 2024