

The Chili Pepper Café

TON Sells Hospital

Week: Sept 23 –Sept 27, 2024

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Banana Bar or Fruit, Drink...\$7.00

Lunch Choice 2: Chinese Chicken Salad w/ mixed greens, chicken, celery, carrots, walnuts, green onions, sesame seeds, chow Mein noodles, Banana Bar or Fruit, Drink.....\$7.00

Soup: Albondigas (ground beef) ...\$2.00

ALA CARTE: Ham & American Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Meatloaf, Mashed Potato w/ Gravy, Carrots, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$7.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Cookies or Fruit, Drink...\$7.00

LUNCH CHOICE 2: Chicken Caesar Salad w/ mixed greens, chicken, black olives, red or yellow peppers, croutons, parmesan cheese, lemon, Wheat roll or Crackers, Cookies or Fruit, Drink.....\$7.00

SOUP: White Chili Soup (chicken).... \$1.75

ALA CARTE: Turkey & Swiss Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Roast Pork w/ Gravy, Baked Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$7.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Bread Pudding or Fruit, Drink...\$7.

LUNCH CHOICE 2: Tortellini Primavera, Garlic toast, Toss salad, Bread Pudding or Fruit, Drink.....\$7.00

Lunch Choice 3: Steak Salad w/ mixed greens, steak, red onion, tomatoes, mushrooms, walnuts, feta cheese,

SOUP: Mushroom Barley Soup (vegetarian) \$2.25

ALA CARTE: Sub Sandwich...\$4.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Turkey w/ gravy, Stuffing, TO Spinach, Toss Salad, Wheat Roll, Dessert or Fruit, Drink.....\$7.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Roast Pork w/ Gravy, Baked Yam, Green Beans, Toss Salad, Wheat Roll, Coconut Cream Pie or Fruit Drink....\$7.00

Lunch Choice 2: Patty Melts (grilled on rye bread, hamburger, grilled onion, Swiss cheese, Thousand Island dressing) French Fries, Coconut Cream Pie or Fruit, Drink...\$7.00

Soup: Golden Corn Chowder w/ roasted chilies Soup (vegetarian)...\$1.75

ALA CARTE: Egg salad Sandwich \$3.00 Side salad \$2.00 Smoothie \$3.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....7.00

Please place lunch order by 10 am

Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$7.00

ALA CARTE: Sandwich \$3.00 Summer Salad \$5.00 Pizza \$5.00 Smoothie \$3.00

DINNER: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$7.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm

To place an order, call 383-7200 ext. 5190 to be connected to the kitchen