

# The Chili Pepper Café

## TON Sells Hospital

Week: Sept. 16 – Sept. 20, 2024

No substitutions please

*Please place lunch order by 10 am*

**Monday**

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Brownie or Fruit, Drink \$7.00

**LUNCH CHOICE 2:** Chicken Cobb Salad w/ mixed greens, chicken, bacon, avocado, green onions boiled egg, tomatoes and Bleu cheese, Wheat roll or Crackers, Brownie or Fruit, Drink...\$7.00

**Soup:** Potato & Roasted Pepper Soup (vegetarian) ...\$1.75

**ALA CARTE:** Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$7.00

**Tuesday**

*Please place dinner order by 3 pm*

**BREAKFAST:** Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea....\$7.00

**LUNCH CHOICE 1:** Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Cookies or Fruit, Drink....\$7.00

**LUNCH CHOICE 2:** Club Sandwich, bacon, lettuce, tomatoes, turkey, ham, mayonnaise on toasted wheat bread, cup of soup, bag of chips, Cookies or Fruit, Drink...\$7.00

**SOUP:** Lentil & Black Bean Soup (vegetarian) .... \$1.75

**ALA CARTE:** Ham and Provolone Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans Dessert or Fruit, Drink...\$7.00

*Please place lunch order by 10 am*

**Wednesday**

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Pecan Bar or Fruit, Drink ...\$7.00

**LUNCH CHOICE 2:** Chicken & Apple Salad w/ mixed greens, chicken, gala and granny smith apples, celery, nuts, Swiss cheese, Wheat roll or Crackers, Pecan Bar or Fruit, Drink....\$7.00

**SOUP:** Ranchera Soup (Chicken) \$1.75

**ALA CARTE:** Turkey & Swiss Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin, Salad, Wheat Tortilla, Dessert or Fruit, Drink....\$7.00

**Thursday**

*Please place dinner order by 3 pm*

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Lemon Meringue Pie or Fruit, Drink....\$ 7.00

**Lunch Choice 2:** Baked Pasta with Four Cheese, Garlic Toast, Tomato and Cucumber salad, Lemon Meringue Pie or Fruit, Drink...\$7.00

**Soup:** Cream of Cauliflower (vegetarian) \$1.75

**ALA CARTE:** Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Roast Pork w/ gravy Baked Yams, Green Beans, Tossed salad, Wheat rolls, Dessert or Fruit, Drink...\$7.00

*Please place lunch order by 10 am*

**Friday**

**BREAKFAST:** Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink...\$7.00

**Lunch choice 2:** Chicken Strawberry Salad w/ mixed greens, chicken, Swiss cheese, red onion, celery, pecan, strawberries, Wheat Roll or Crackers, Dessert or Fruit, Drink ...\$7.00

**Soup:** Chipotle Corn Chowder Soup (vegetarian)

**ALA CARTE:** Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$7.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm**

**To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen**