

# The Chili Pepper Café

## TON Sells Hospital

Week: April 1–April 5, 2024

No substitutions please

*Please place lunch order by 10 am*

### Monday

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Cream Puffs or Fruit, Drink...\$7.00

**LUNCH CHOICE 2:** Eggplant & Chickpea Ragout w/ pasta, garlic toast, Toss salad, Cream Puffs or Fruit, Drink...\$7.00

**Soup:** Mushroom Barley (vegetarian)...\$1.75

**ALA CARTE:** Sub Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$7.00

### Tuesday

*Please place dinner order by 3 pm*

**BREAKFAST:** Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Brownie or Fruit, Drink...\$7.00

**LUNCH CHOICE 2:** Chicken Spinach Salad w/ spinach, chicken or chicken sub, cranberries, apricots, pecans, mandarin oranges, pineapple, Brownie or Fruit, Drink.... \$7.00

**SOUP:** Broccoli Soup (vegetarian) \$1.75

**ALA CARTE:** Ham & Swiss Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Roast Pork w/ Gravy, Baked Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink...\$7.00

*Please place lunch order by 10 am*

### Wednesday

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot & Raisin Salad, Wheat Tortilla, Pineapple Upside Down Cake or Fruit, Drink...\$7.00

**LUNCH CHOICE 2:** Turkey & Avocado Club Wrap, Carrot & Raisin Salad, Bag of chips, Pineapple Upside Down Cake or Fruit, Drink.....\$7.00

**LUNCH CHOICE 3:** Chinese Chicken Salad w/ mixed greens, chicken or chicken sub., celery, carrots, walnuts, green onions, sesame seeds, Chow Mein Noodles, Pineapple Upside Down Cake or Fruit, Drink....\$7.00

**SOUP:** Asian Tofu Noodle (vegetarian).... \$1.75

**ALA CARTE:** Tuna Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Turkey w/ gravy, Stuffing, TO Spinach, Toss salad, Wheat Roll, Dessert or Fruit, Drink.....\$7.00

### Thursday

*Please place dinner order by 3 pm*

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Roast Pork w/ Gravy, Baked Yam, Green Beans, Tossed Salad, Wheat Roll, Bread Pudding or Fruit, Drink...\$7.00

**Lunch Choice 3:** Chicken Clubhouse Salad w/ mixed greens, chicken or sub chicken, bacon, green onions, cucumbers, tomatoes, carrots, cheddar cheese, Wheat rolls or Crackers, Bread Pudding or Fruit, Drink...\$7.00

**Soup:** Ranchero soup (Chicken) ..\$1.75

**ALA CARTE:** Roast Beef & Muenster Cheese Sandwich \$4.00 Side salad \$2.00 Smoothie \$3.00

**DINNER:** Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....7.00

*Please place lunch order by 10 am*

### Friday

**BREAKFAST:** Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$7.00

**Lunch Choice #2:** Fish Sandwich w/cheese and lettuce, tartar sauce, French Fries, Coleslaw, Dessert or Fruit, Drink.... \$7.00

**Soup:** Broccoli Swiss Soup (vegetarian).... \$1.75

**ALA CARTE:** Turkey & American Sandwich \$3.00 Side salad \$2.00 Smoothie \$3.00

**DINNER:** Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$7.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm**

**To place an order, call 383-7200 ext. 5190 to be connected to the kitchen**