

The Chili Pepper Café

TON Sells Hospital

Week: August 26 – August 30, 2024

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$7.00
LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Fruit Crisp or Fruit, Drink...\$7.00
Choice 2: Two Tamales (green chili or chicken), Jalapeno Rice, Toss Salad, Fruit Crisp or Fruit, Drink...\$7.00
SOUP: Garden Chili Soup (vegetarian).... \$1.75
ALA CARTE: Turkey and Cheddar Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00
DINNER: Meatloaf, Mashed Potato w/ Gravy, Carrots, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$7.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$7.00
LUNCH CHOICE 1: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Cookies or Fruit, Drink....\$7.00
LUNCH CHOICE 2: Philly Cheese Steak Sandwich w/ provolone cheese, grilled onion and peppers on a sub roll, French fries, Cookies or Fruit, Drink \$7.00
SOUP: Minestrone (vegetarian) \$1.75
ALA CARTE: Ham & Swiss Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00
DINNER: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Dessert or Fruit ...\$7.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$7.00
LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Brownie or Fruit, Drink ...\$7.00
LUNCH CHOICE 2: Spinach Lasagna, Garlic Toast, Toss salad, Brownie or Fruit, Drink \$7.00
Lunch Choice 3: Spinach Salad w/spinach, bacon, boiled egg, red onion, walnuts, mushrooms, tomatoes Wheat Rolls or Crackers, Brownie or Fruit, Drink....\$7.00
SOUP: Cheddar Potato Chowder (Ham). \$1.75
ALA CARTE: Roast Beef & Provolone Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$3.00
DINNER: Turkey w/ gravy, Stuffing, Spinach & Onion, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink....\$7.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$7.00
LUNCH CHOICE 1: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Sweet Potato Pie or Fruit, Drink....7.00
Lunch Choice 2: Chef Salad w/ mixed greens, ham, turkey, salami, tomato, cucumber, carrots cheddar & provolone cheese, boiled egg, Wheat Roll or Crackers, Sweet Potato Pie or Fruit, Drink.....\$7.00
Soup: Spicy African Peanut Soup (vegetarian)...\$1.75
ALA CARTE: Tuna Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00
DINNER: Roast Pork, Baked Yams, Green Beans, Tossed salad, Wheat roll, Dessert or Fruit, Drink...\$7.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$7.00
LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink..... \$7.00
Lunch choice 2: Chicken Cobb Salad w/ mixed greens, chicken, bacon, tomatoes, avocado, green onions, boiled eggs, bleu cheese, Dessert or Fruit, Drink...\$7.00
Soup: Lemon Chicken & Rice Soup (chicken)...\$1.75
ALA CARTE: Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$3.00
DINNER: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink....\$7.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen